



**Who the Lord is, is Enough**

Roger Ellis, Lead Pastor  
Psalm 23, p.382

**How can I find contentment in the midst of the turmoil of each day?**

- Admit that on my own ***I will never be content*** (Psalm 23:1).
- ***Identify*** my shepherd (Psalm 23:1).
- ***Trust*** my shepherd (Psalm 23:2-6).

**Is my shepherd trustworthy? A trustworthy shepherd is:**

1. One who is always with me.
2. One who calms my fears so I can ***settle down*** in times of green and brown (Psalm 23:2).
3. One who leads me with ***honor*** (Psalm 23:3).
4. One who gives me the courage to ***walk through treacherous valleys*** (Psalm 23:4).
5. One who will protect me (Psalm 23:4).
6. One who is a ***generous host*** (Psalm 23:5).
7. One who ***chases*** after me (Psalm 23:6).
8. One who assures me that evil will not ***have the final word*** (Psalm 23:6).

**THE ONE THING: *The Lord is enough.***

**Miss something?** Completed sermon notes are available online. Binders to organize your sermon notes are available at the upstairs Welcome Desk.

**NEXT STEPS**

- Memorize Psalm 23.
- Visit [walkingthetext.com](http://walkingthetext.com) (The Teaching Series) by Brad Gray; sessions 34-42.
- Volunteer to help with Family Promise May 26-June 2. Sign up online: [oakwoodnow.org](http://oakwoodnow.org).
- Other \_\_\_\_\_

**NOTES FOR PERSONAL & SMALL GROUP STUDY**

**KEEPING IT REAL**

**1** What are the challenges in connecting with, relating to, being content with someone who you can't see, touch or hear audibly?

**LOOK AT THE BOOK**

**2** Consider Eve (Genesis 3:1-9) and Job (Job 1:13-22, 19:25-27). What is the relationship between contentment with God and our circumstances? What was the root cause of Eve's discontent and Job's contentment?

**3** One way that we know God is by knowing what He has done. What has God already done for us? (Genesis 1:26 and 2:7; Psalm 19:1-4 and 19:7-9; John 3:16 and 14:1-3; Ephesians 2:8-10; Philippians 2:6-10 and Hebrews 1:1-3; or any other Scriptures).

**TAKING IT FURTHER**

**4** How will you focus on the goodness of God this week? How might a fuller appreciation of who He is affect your contentment?

**WORSHIP LYRICS**

If you'd like to spend more time with the lyrics from any of the songs this morning, please click on the song title below to continue worshipping.

[The King is Here](#)

[Build My Life](#)

[Is He Worthy](#)

[O Come to the Altar](#)